



## Shamrock Wellness Services - confidentiality agreement

I \_\_\_\_\_, (client or guardian(s) if under 13 years) understand that the supportive relationship I am choosing to engage in with the counsellor(s), at Shamrock Wellness Services as well as with the co facilitators, equine partners, and volunteers is confidential within the limits of the law.

The following exceptions apply:

1. Under the Child, Family, and Community Services Act 1996, S 14, everyone has a legal duty to report any knowledge they have of sexual abuse or exploitation, physical harm, or harm caused by neglect on any child.
2. If the counsellor has reason to believe that the participant might injure themselves or someone else, or that another person is at risk (third party information to harm), the counsellor has an ethical right and obligation to intervene, even if this means breaking confidentiality.
3. I understand that under the law, the services that are recorded by Shamrock Counselling are not protected from being subpoenaed, and that if called to do so, any counsellor or other professional may be required to give testimony.
4. It may be helpful for the counsellor to speak to other professionals who may be involved in aspects of physical or emotional health care. Whenever possible, this will be done with my understanding of the intent of such contact and with written permission indicating details of the reasons for and limits to communication.
5. As a part of ethical practice to ensure the best possible quality service to participants of the private counselling practice offered by Shamrock, it is the duty to inform you that associates regularly participate in external supervision from qualified and registered professionals with expertise in the topics that are explored. Whenever possible all identifying information will be kept confidential unless the above limits to confidentiality are under review.
6. If the client is under 13 years it is encouraged to clarify the types of information shared between counsellor and parent/guardian before sessions begin. It is also encouraged that the child is the primary focus and any legal or custody issues are not included in the treatment.

**I HAVE READ AND/OR GONE OVER THIS DOCUMENT AND UNDERSTAND THE LIMITS OF CONFIDENTIALITY AS IT APPLIES TO MY RELATIONSHIP WITH THE SERVICES OFFERED BY SHAMROCK WELLNESS SERVICES**

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Participant signature

Date

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Guardian signature

Date

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Counsellor Signature

Date